



## Summer 2021 Update

### What Leaders Are Reading, Watching, Listening To

Based on my conversations with CEOs here are some of the resources they are tapping into currently for inspiration and a recharge. Check back as this will be updated periodically.

#### Books/Audiobooks

MC24: Bruce Mau's 24 Principles for Designing Massive Change in Your Life and Work – Bruce Mau

Never Split the Difference: Negotiating As If Your Life Depended On It – Chris Voss

Value(s): Building a Better World For All – Mark Carney

It's Never Too Late to be Healthy: Reaching Peak Health in Middle Age – Kevin Brady

The Premonition: A Pandemic Story – Michael Lewis

#### Shows, Movies, & Clips

Money Heist – Netflix

Formula 1: Drive to Survive – Netflix

The Playbook – Netflix

Flight Attendant – Netflix

The Little Drummer Girl – Amazon Prime

Mare of Easttown – HBO

Nomadland – Disney+

How not to take things personally? | Frederik Imbo - [TEDx](#)

How to make stress your friend | Kelly McGonigal - [TED](#)

#### Podcasts

[Smartless](#) (again very popular this quarter!) - Jason Bateman, Sean Hayes, Will Arnett

[We Can Do Hard Things](#) – Glennon Doyle